



# MILESTONES

VOLUME 1 ISSUE 3

## EXECUTIVE FUNCTION AT HOME (PART 1 OF 4)

by Ashley Eaton, M.A.T.

As children get older the mental demands on them increase exponentially. Executive function skills are essentially “the management system of the brain” (Belsky). Skills such as planning, organization, task initiation, time management and regulating emotions are all part of executive function. It is important for children to not only learn these skills, but be able to generalize them, or use them across settings, such as at school and home.

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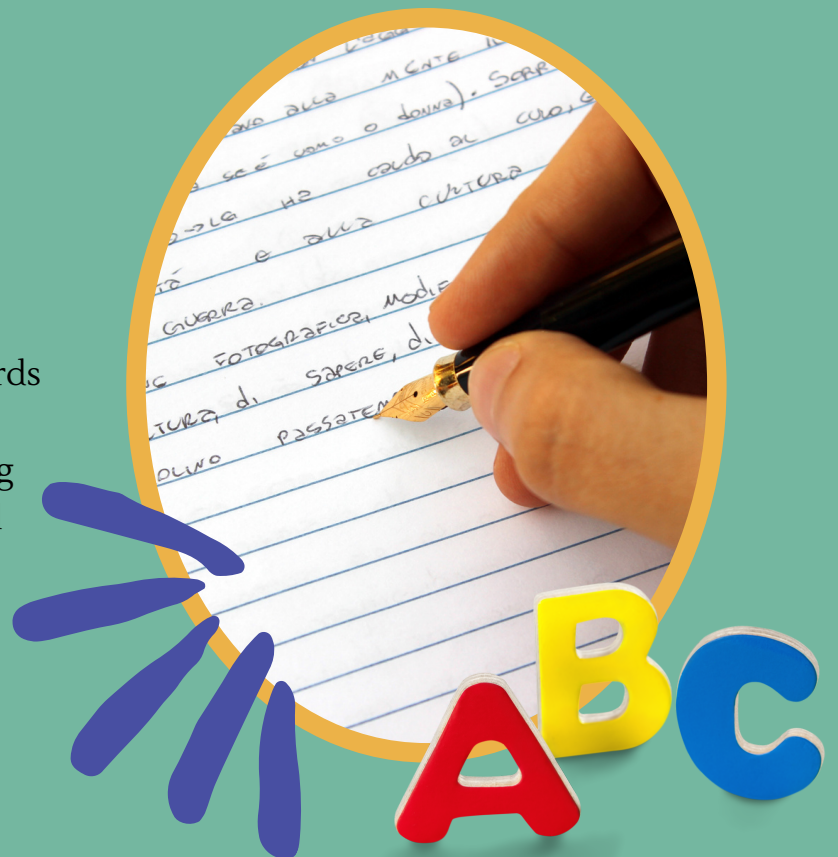
## A WORD FROM THE OWNER

Dear Parents,

I am really proud of the hard work your children are doing so far this year! I have already had some favorable reports about progress at school and improved report cards this quarter!

All of the children will be learning reading and/or problem-solving strategies that will help them with test-taking. If you'd like to know what they're learning, I have PowerPoints of the strategies KFCS and TURNS on my teaching website. You can find them under the link for Subject Area Information.

God Bless!  
Miss Horton



# DAILY ROUTINE

## FLASHCARD FUN!

by Becky L. Spivey, M.Ed.

We've all used them... Flashcards are helpful for teaching new skills or for practicing targeted speech sounds. But if you've ever used flashcards with children, you've probably heard, "This is boring!" So what's a parent, teacher, or therapist to do?!? Listed below are some suggestions for games and activities to make therapy with flashcards more fun!

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## MARCH 2024 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2
4	5	6	7	8	9
11	12	13	14	15	16
18	19	20	21	22	23
25	26	27	28	29	30
Spring Break					



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